## LEGISLATURE OF NEBRASKA

## ONE HUNDRED SEVENTH LEGISLATURE

SECOND SESSION

## **LEGISLATIVE BILL 436**

FINAL READING

Introduced by Hansen, B., 16; Murman, 38.

Read first time January 15, 2021

Committee: Health and Human Services

- A BILL FOR AN ACT relating to the Athletic Training Practice Act; to amend sections 38-401, 38-402, 38-404, 38-408, 38-409, 38-410, and 38-411, Reissue Revised Statutes of Nebraska; to provide, change, and eliminate definitions; to change provisions relating to licensure and scope of practice; to harmonize provisions; to repeal the original sections; and to outright repeal sections 38-403, 38-405, and 38-407, Reissue Revised Statutes of Nebraska.
- 8 Be it enacted by the people of the State of Nebraska,

1 Section 1. Section 38-401, Reissue Revised Statutes of Nebraska, is

- 2 amended to read:
- 3 38-401 Sections 38-401 to 38-414 and sections 4 to 6 of this act
- 4 shall be known and may be cited as the Athletic Training Practice Act.
- 5 Sec. 2. Section 38-402, Reissue Revised Statutes of Nebraska, is
- 6 amended to read:
- 7 38-402 For purposes of the Athletic Training Practice Act and
- 8 elsewhere in the Uniform Credentialing Act, unless the context otherwise
- 9 requires, the definitions found in sections 38-404 and 38-406 and
- 10 <u>sections 4 to 6 of this act 38-403 to 38-407</u> apply.
- 11 Sec. 3. Section 38-404, Reissue Revised Statutes of Nebraska, is
- 12 amended to read:
- 13 38-404 Athletic trainer means a <u>health care professional who is</u>
- 14 <u>licensed to practice athletic training under the Athletic Training</u>
- 15 Practice Act and who, under guidelines established with a licensed
- 16 physician, performs the functions outlined in section 38-408 except as
- 17 otherwise provided in subsection (5) of section 38-408 person who is
- 18 responsible for the prevention, emergency care, first aid, treatment, and
- 19 rehabilitation of athletic injuries under guidelines established with a
- 20 licensed physician and who is licensed to perform the functions set out
- 21 in section 38-408. When athletic training is provided in a hospital
- 22 outpatient department or clinic or an outpatient-based medical facility,
- 23 the athletic trainer will perform the functions described in section
- 24 38-408 with a referral from a licensed physician for athletic training.
- 25 Sec. 4. Condition means a disease, illness, or injury.
- 26 Sec. 5. <u>Impression means a summation of information or an opinion</u>
- 27 <u>formed, which is the outcome of the examination and assessment process.</u>
- Sec. 6. Injuries and illnesses means injuries or common illnesses
- 29 and conditions which are related to, or which limit participation in,
- 30 exercise, athletic activities, recreational activities, or activities
- 31 requiring physical strength, agility, flexibility, range of motion,

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1 speed, or stamina, and for which athletic trainers as a result of their

- 2 <u>education and training are qualified to provide care and make referrals</u>
- 3 <u>to the appropriate health care professionals.</u>
- 4 Sec. 7. Section 38-408, Reissue Revised Statutes of Nebraska, is
- 5 amended to read:
- 6 38-408 (1) As set forth in the Athletic Training Practice Act, the
- 7 practice of athletic training includes providing the following regarding
- 8 injuries and illnesses:
- 9 <u>(a) Prevention and wellness promotion;</u>
- 10 (b) Examination, assessment, and impression;
- 11 (c) Immediate and emergency care, including the administration of
- 12 <u>emergency drugs as prescribed by a licensed physician and dispensed by a</u>
- 13 pharmacy for emergency use, subject to subsection (2) of this section;
- 14 (d) Therapeutic intervention or rehabilitation of injuries and
- 15 illnesses in the manner, means, and methods deemed necessary to affect
- 16 care, rehabilitation, or function;
- 17 (e) Therapeutic modalities. For purposes of this subdivision, and
- 18 except as provided in subsection (9) of this section, therapeutic
- 19 <u>modalities includes, but is not limited to:</u>
- 20 (i) Physical modalities; and
- 21 (ii) Mechanical modalities, including, but not limited to, dry
- 22 <u>needling</u>; and
- 23 (f) Health care administration, risk management, and professional
- 24 <u>responsibility</u>.
- 25 (2) The department shall adopt and promulgate rules and regulations
- 26 regarding the administration of emergency drugs as authorized in this
- 27 <u>section, including drugs, medicines, and medicinal substances as defined</u>
- 28 in section 38-2819 except for controlled substances listed in section
- 29 28-405.
- 30 (3) The department shall adopt and promulgate rules and regulations
- 31 regarding the use of dry needling by athletic trainers.

- 1 (4) The scope of practice of athletic trainers does not include the
- 2 use of joint manipulation, grade V mobilization/manipulation, thrust
- 3 joint manipulation, high velocity/low amplitude thrust, nor any other
- 4 procedure intended to result in joint cavitation. Joint manipulation
- 5 commences where grades one through four mobilization ends.
- 6 (5) When athletic training is provided in a hospital outpatient
- 7 department or clinic, or an outpatient-based medical facility or clinic,
- 8 <u>the athletic trainer shall perform the functions described in this</u>
- 9 section with a referral from a licensed physician, osteopathic physician,
- 10 <u>podiatrist, nurse practitioner, physician assistant, dentist, or</u>
- 11 <u>chiropractor. The referral shall state the diagnosis and, if deemed</u>
- 12 <u>necessary</u>, <u>identify</u> any <u>instructions</u> or <u>protocols</u> by the <u>referring</u>
- 13 provider. In these instances, for each patient under his or her care, the
- 14 <u>athletic trainer shall ensure documentation is complete, accurate, and</u>
- timely and shall include the following:
- 16 <u>(a) Provide and document the initial examination, assessment, and</u>
- 17 impression;
- 18 <u>(b) Provide periodic reexamination with documentation of the</u>
- 19 <u>reexamination</u>, <u>assessment</u>, <u>and impression</u>;
- 20 <u>(c) Establish a plan of care following either the initial</u>
- 21 examination or reexamination that is in accordance with the diagnosis and
- 22 any instructions or protocols indicated by the referring provider;
- 23 (d) Communicate to the referring provider changes in the patient's
- 24 condition that may require altering instructions and protocols indicated
- 25 by the referral from the referring provider;
- 26 <u>(e) Be responsible for accurate documentation of each followup visit</u>
- 27 <u>and billing for athletic training services provided; and</u>
- 28 <u>(f) Provide documentation upon discharge, including patient response</u>
- 29 to athletic training intervention at the time of discharge.
- 30 (6) In all other instances, the athletic trainer shall maintain
- 31 documentation consistent with the guidelines established with a licensed

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1 physician and specific to the setting in which the athletic trainer is

- 2 practicing.
- 3 (7) An individual who is licensed as an athletic trainer may not
- 4 provide, offer to provide, or represent that he or she is qualified to
- 5 provide any care or services that he or she lacks the education,
- 6 training, or experience to provide or that he or she is otherwise
- 7 prohibited by law from providing.
- 8 (8) Pursuant to subdivision (18) of section 38-2025, no athletic
- 9 trainer shall hold himself or herself out to be a physician or surgeon or
- 10 <u>qualified to prescribe medications.</u>
- 11 (1) Athletic trainers shall be authorized to use the following
- 12 physical modalities in the treatment of athletic injuries under
- 13 guidelines established with a licensed physician:
- 14 (a) Application of electrotherapy;
- 15 (b) Application of ultrasound;
- 16 (c) Use of medical diathermies;
- 17 (d) Application of infrared light; and
- 18 (e) Application of ultraviolet light.
- 19 (9) (2) The application of heat, cold, air, water, or exercise shall
- 20 not be restricted by the Athletic Training Practice Act.
- 21 Sec. 8. Section 38-409, Reissue Revised Statutes of Nebraska, is
- 22 amended to read:
- 23 38-409 No person shall be authorized to perform the functions
- 24 outli<u>ned in section 38-408 unless the person first</u> physical modalities
- 25 set out in section 38-408 on any person unless he or she first obtains a
- 26 license as an athletic trainer or unless such person is licensed as a
- 27 physician, osteopathic physician, chiropractor, nurse, physical
- 28 therapist, or podiatrist. No person shall hold himself or herself out as
- 29 to be an athletic trainer <u>in this state</u> unless <u>such person is</u> licensed
- 30 under the Athletic Training Practice Act.
- 31 Sec. 9. Section 38-410, Reissue Revised Statutes of Nebraska, is

- 1 amended to read:
- 2 38-410 (1) An individual who accompanies an athletic team or
- 3 organization from another state or jurisdiction as the athletic trainer
- 4 is exempt from the licensure requirements of the Athletic Training
- 5 Practice Act.
- 6 (2) An individual who is a graduate student in athletic training
- 7 student who is enrolled in an athletic training education program
- 8 accredited by an accrediting body approved by the board and who is
- 9 practicing under the supervision of a licensed athletic trainer is exempt
- 10 from the licensure requirements of the Athletic Training Practice Act.
- 11 Sec. 10. Section 38-411, Reissue Revised Statutes of Nebraska, is
- 12 amended to read:
- 13 38-411 (1) An applicant for licensure as an athletic trainer shall
- 14 at the time of application provide proof to the department that the
- 15 <u>applicant</u> he or she meets one or more of the following qualifications:
- 16 (a) For any person who graduated prior to January 1, 2004:
- 17 <u>(i)</u> (a) Graduation after successful completion of the athletic
- 18 training curriculum requirements of an accredited athletic training
- 19 <u>education program at</u> an accredited college or university approved by the
- 20 board; or
- 21 <u>(ii)</u> <del>(b)</del> Graduation with a four-year degree from an accredited
- 22 college or university and completion of at least two consecutive years,
- 23 military duty excepted, as an athletic training student a student
- 24 athletic trainer under the supervision of an athletic trainer approved by
- 25 the board; and -
- 26 (b) For any person who graduated after January 1, 2004, graduation
- 27 after successful completion of the curriculum requirements of an
- 28 accredited athletic training education program at an accredited college
- 29 <u>or university approved by the board.</u>
- 30 (2) In order to be licensed as an athletic trainer, an applicant
- 31 shall, in addition to the requirements of subsection (1) of this section,

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- 1 successfully complete an examination approved by the board.
- 2 Sec. 11. Original sections 38-401, 38-402, 38-404, 38-408, 38-409,
- 3 38-410, and 38-411, Reissue Revised Statutes of Nebraska, are repealed.
- 4 Sec. 12. The following sections are outright repealed: Sections
- 5 38-403, 38-405, and 38-407, Reissue Revised Statutes of Nebraska.