

ONE HUNDRED NINTH LEGISLATURE

SECOND SESSION

LEGISLATIVE RESOLUTION 383

Introduced by Spivey, 13.

PURPOSE: The purpose of this resolution is to examine the issue of maternal depression in Nebraska and potential statutory or administrative changes that may support maternal mental health in the state. The study shall include, but need not be limited to:

(1) Collecting data on maternal mental health in Nebraska, including, but not limited to:

(a) The rate of mental health concerns among mothers in Nebraska; and

(b) The types of diagnoses that mothers experience both prenatally and postpartum;

(2) A review of the impact of maternal mental health on babies, young children, and families;

(3) An overview of the types and efficacy of screening available for maternal mental health;

(4) An examination of the availability of mental health services for new mothers, including:

(a) The percentage and type of providers offering perinatal mental health services;

(b) The availability of services for new mothers with a mental health diagnosis and referral connections; and

(c) Private and public coverage options for new mothers for maternal depression screening and other necessary services;

(5) Research examining the approach other states use to address the challenge of maternal mental health;

(6) A review of potential statutory or administrative changes that may support maternal mental health in Nebraska; and

(7) A determination of whether additional state funding is needed to support such changes.

NOW, THEREFORE, BE IT RESOLVED BY THE MEMBERS OF THE ONE HUNDRED NINTH LEGISLATURE OF NEBRASKA, SECOND SESSION:

1. That the Health and Human Services Committee of the Legislature shall be designated to conduct an interim study to carry out the purposes of this resolution.

2. That the committee shall upon the conclusion of its study make a report of its findings, together with its recommendations, to the Legislative Council or Legislature.